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## Frank Bartolomeo Promoted to Executive Director

Earlier this year, Aspen Education Group announced that Frank Bartolomeo's promotion to executive director of Academy at Swift River. Frank previously served as ASR's director of counseling and residential life, responsible for the full scope of clinical and residential life services including program development, supervision of staff and training seminars.

Frank brings to the job 20 years of experience in

the child and adolescent mental health field in diverse treatment settings such as residential treatment centers, outpatient clinics, hospitals and private practice. Prior to joining ASR, he was the clinical director of Children's Charter, Inc., a specialty clinic for the assessment and treatment of psychological trauma. He was also the director of child and adolescent outpatient group therapy at McLean Hospital in Boston. Currently a doctoral candidate at Simmons College School for Social Work in Boston

awaiting his dissertation defense, Bartolomeo received his master's degree in social work from Boston University and obtained extensive post-graduate training in child and adolescent therapy, clinical and forensic assessment of psychological trauma and group psychotherapy.

"Frank has been an instrumental part of the success of Academy at Swift River and we are delighted that he has accepted the position of executive director," said Bo Turner, senior vice president of residential schools and pro-

*(Continued on page 3)*

*On a beautiful spring morning, in a moving ceremony, 23 students received their Certificates of Completion from ASR. Nine of them also received high school diplomas. Tanya Beecher, Director of Counseling, presented the Certificates of Completion and counseling awards; Josh Becker, Director of Educational Services, presented high school diplomas; and Dr. Frank Bartolomeo, Executive Director, delivered both the welcome and closing remarks. The ceremony was followed by a reception for the graduates in the Great Room. Congratulations to these deserving students and families! We wish them well as they move on with their lives.*

## The Academy at Swift River is pleased to announce Spring Graduation



May 25, 2007  
at eleven o'clock  
ASR Courtyard

See related story on page 3.

### The Graduates

Marin D*	Nora N*
Sean G	Charles P
Bradley H	Ethan R*
Nancy H*	Liza S*
Lisha J*	Erin S
Olivia L	Warren S
Cynthia L	Arturo S*
Andrew L	Colin VB
Charles M	Anthony V
Bradleigh M*	John W*
Stephen M	Nicholas W
John M	

\*Denotes High School Graduate

**Congratulations!**

## From the Executive Director



Frank Bartolomeo  
Executive Director

The Academy at Swift River at Swift River celebrates its tenth birthday this summer. While I have been part of ASR since January 2005, I do know that the ASR of today bears little resemblance to the ASR of ten years ago. So different is the mission, program, and staff that recently two education consultants whose opinions I value suggested, independently of one another, that we change the name to reflect the difference between the former ASR and the current ASR. An intriguing idea, but after mulling it over with colleagues, we decided that we should retain the Academy at Swift River name.

Organizations, like individuals, must continually grow and

respond to the vicissitudes of life, and the changing needs of the students and families we serve. Organizations that refuse to embrace change and innovation became inert, devitalized, and eventually irrelevant. When I arrived at ASR in January 2005, I came with a mandate to help the program evolve in order to better meet the needs of adolescents with behavioral and emotional disturbances and their families. To achieve this objective, we relied on multiple sources on information: 1) we asked for the perspectives of students and parents, 2) we sought opinions from respected and experienced professionals including education consultants, and 3) we reviewed the current research literature on out-of-home care.

Based on these sources, we gradually evolved our program to what it is today. During my first year at ASR, we focused on establishing a clinical counseling department staffed by licensed and pre-licensed counselors with post-graduate degrees in social work, psychology, and counseling. We also shifted our paradigm to focus not only on the individual students, but on their families as well.

We engaged families in the change process by initiating our initial working visit, which occurs 4-6 weeks after enrollment. We recognize that families have a triune relationship with ASR—as customers, collaborators, and clients. Thus, our clinical counselors' roles expanded to provide parent/family education and coaching.

In 2006-2007, our focus turned to academics. Josh Becker was promoted to Director of Education Services. We enhanced academic offerings to include several foreign languages, and we were able to recruit and hire some outstanding teachers including Mr. Greg Williams, who formerly taught science at Northfield Mount Herman.

In October 2006, we officially launched our new level system called The Life Phases™, which incorporated Prochaska and DiClemente's *Stages of Change* theory with an integrated, holistic appreciation of the role demands and functioning for students at ASR. Making optimal use of our Team approach, students can only advance phases when they are functioning

adequately in the three domains of life at ASR: academics, counseling, and community/residential.

This year, we're focusing on improving residential and community life. With the leadership of Tanya Beecher, Director of Counseling and Residential Life Services, and Anne Colacarro, Associate Director of Residential Life Services, we are creating more opportunities for students to participate in religious services on campus, more opportunities for volunteering, and a greater variety of extracurricular clubs.

In closing, there are two individuals who need to be recognized for their dedication and service to ASR: Geri Wilcox and Sue Lococo. Both of these women have been employees of ASR since its inception in 1997. Geri is our financial officer and Sue is a night staff. To remain committed to an organization throughout several transformations is a reflection of their dedication, belief, and commitment to ASR's essential mission of helping adolescents and their families. Thank you, Geri and Sue for all that you have done for the Academy at Swift River.

*“With Distinction”*

Graduation is upon us once again at ASR. The Spring graduation always brings a special sense of excitement, as it corresponds with the commencement ceremonies of the “Famous Five” colleges of our area: Mt. Holyoke, Smith, Amherst, Hampshire and UMass/Amherst. One feels a deep connection to the academic history of this geographic area and a sense of expectancy for what this new generation of graduates will bring forward into our society.

In the past, we have honored one of our graduates with an award of “Academic Excellence.” We have now expanded these distinctions to honor students in specific areas. For inspiration, we draw on momentous contributors from the past from various fields, resulting in:

- **The Marie Curie Award for Outstanding Achievement in Math & Science**, for Marie Curie (1867-1934), Polish born Nobel laureate physicist and chemist who discovered radium. “I am one of those who think like Nobel, that humanity will draw more good than evil from new

discoveries.”  
**Recipient: Liza S.**  
*Liza entered ASR with a strong affinity for Math and Science and has continued to show unquenchable intellectual curiosity and academic leadership.*

- **The Edith Wharton Award for Outstanding Achievement in Writing & Creative Expression**, for Edith Wharton (1862-1937), American born novelist whose home The Mount is nearly in our backyard, known for her wit and incisiveness. “There are two ways of spreading light: to be the candle or the mirror that reflects it.”

**Recipient: Nora N.**  
*Nora has the uncanny ability to use the written word to express her own amazing insight, as well as to reflect the mood and tenor of her environment. Her voice will continue to be a source of strength to all who are privileged enough to hear it.*

- **The Herodotus Award for Outstanding Achievement in History**, for Herodotus (484-425 BCE) of ancient Greece, regarded as the “Father of History.” “All men’s gains are the fruit of venturing.”

**Recipient: Charlie M.**

*Charlie has proven himself to be a serious student of history, reaching far beyond the mere recanting of facts to apply the lessons of history to our current world.*

- **The William Ernest Henley Award for Most Improved Academic Performance**, for W.E. Henley (1849-1903), English editor and poet who, despite several hardships in his life, continued to persevere. “It matters not how strait the gate, How charged with punishments the scroll, I am the master of my fate: I am the captain of my soul.”  
**Recipient: Olivia L.**  
*Olivia truly found herself as a learner while at ASR. Although initially resistant to the support offered her, she completes her time here knowing how to ask and receive help when needed, and, more importantly, how to excel in her academic pursuits.*

We congratulate all of our hard-working graduates and their families. We are proud them and wish them well in their future endeavors. What wonders await us all as this new class comes into



*Josh Becker, Director of Education Services*

its own! I am deeply honored to have witnessed this group of young people rediscover themselves and reconnect with their families, their learning, and their world.

*Promotion . . .*

*(Continued from page 1)*  
 grams for Aspen Education Group. “He brings impressive experience to this role, and is committed to enhancing the efficacy of therapeutic education programs to improve the lives of underachieving teens.”

“I look forward to serving the amazing families and dedicated staff of Academy at Swift River in my new role as executive director,” said Frank. “Our dedication to helping students restore relationships, rediscover academic success, and prepare for the future challenges of young adulthood has never been stronger.”

## From the Assistant Director of Admissions...



Paul Ravenscraft  
Assistant Director  
of Admissions

In this issue I want to share some of my favorite quotes about something I see daily in the lives of our families and students. The willingness to stay committed on this important journey is the hallmark of our greatest success stories and all of our remarkable graduates.

- The road to success is dotted with many tempting parking places.  
~Author Unknown
- When you come to the end of your rope, tie a knot and hang on.  
~Franklin D. Roosevelt
- Consider the postage stamp: its usefulness consists in the ability to stick

*Perseverance: per-se-ver-ance; noun; **determined continuation with something** steady and continued action or belief, usually over a long period and especially despite difficulties or setbacks.*

- to one thing till it gets there.  
~Josh Billings
- Fall seven times, stand up eight.  
~Japanese Proverb
- He conquers who endures.  
~Persius
- It's not that I'm so smart, it's just that I stay with problems longer.  
~Albert Einstein
- There is no telling how many miles you will have to run while chasing a dream.  
~Author Unknown
- The drops of rain make a hole in the stone not by violence but by oft falling.  
~Lucretius
- Don't be discouraged. It's often the last key in the bunch that opens the lock.  
~Author Unknown
- I may not be there yet, but I'm closer than I was yesterday.  
~Author Unknown
- The great majority of men are bundles of beginnings.  
~Ralph Waldo Emerson
- Keep on going, and the chances are that you will stumble on something, perhaps when you are least expecting it. I never heard of anyone ever stumbling on something sitting down.  
~Charles F. Kettering
- One may go a long way after one is tired.  
~French Proverb
- Our greatest glory is not in never failing, but in rising up every time we fail.  
~Ralph Waldo Emerson
- Problems are not stop signs, they are guidelines.  
~Robert Schuller
- Vitality shows in not only the ability to persist but the ability to start over.  
~F. Scott Fitzgerald
- With ordinary talent and extraordinary
- perseverance, all things are attainable.  
~Thomas Foxwell Buxton
- Most people never run far enough on their first wind to find out they've got a second.  
~William James
- Difficult things take a long time, impossible things a little longer.  
~Author Unknown
- Success seems to be largely a matter of hanging on after others have let go.  
~William Feather
- Look at a stone cutter hammering away at his rock, perhaps a hundred times without as much as a crack showing in it. Yet at the hundred-and-first blow it will split in two, and I know it was not the last blow that did it, but all that had gone before.  
~Jacob A. Riis

## *Tanya Beecher Promoted to Director of Counseling and Residential Life*

Following my promotion from Director of Counseling to Executive Director in March 2007, I needed to fill my former position. There was no doubt in my mind who I wanted to replace me as Director of Counseling and Residential Life Services: Tanya Beecher, MSW, LICSW. ASR is fortunate that Tanya moved into that new role.

Tanya returned to ASR in August 2005 as a fulltime clinical counselor. As a former peer group leader and lower school counseling supervisor, Tanya’s

reputation preceded her as a highly gifted, intelligent, and compassionate professional. Without exception, every staff person who had worked with Tanya at ASR endorsed her and commented on her exceptional abilities. Tanya didn’t disappoint.

A graduate of the Smith College School for Social Work, Tanya represents a unique blend of qualities: she blends the intelligence of the scientist with the intuition of the artist to make for a special kind of healer. She “under-

stands” students and their families from the outside in and from the inside out, and numerous parents have given unsolicited testimonials about the impact Tanya Beecher had on their family.

The highest compliment I can pay Tanya is this: if my own daughter ever needed help from a mental health professional, I would want it to be Tanya—or someone similar to her. The Academy at Swift River is delighted and our students and their families are fortunate to have Tanya as our



***Tanya Beecher,  
Director of Counseling  
and Residential Life***

Director of Counseling and Residential Life Services.

—*Frank Bartolomeo  
Executive Director*

### *SNOW IN JUNE???*



*Well, no, but it wasn’t all that long ago that this was a familiar scene for ASR students. See ADVENTURE ASR story on page 7.*

### *Residential Life...*

*(Continued from page 6)*  
cal performances, karaoke, an interactive African drum and dance event, a glass bead making demonstration, and two inspirational speakers. In addition, we will have the usual games, sports, and bonfires, and we will be starting a new volunteer project at a local animal shelter.

I would love to hear from you! Please contact me at 1-800-258-1770, ext. 125, or at: [acolacarro@swiftriver.com](mailto:acolacarro@swiftriver.com) if you have any questions, comments or suggestions.

### *Adventure ASR...*

*(Continued from page 7)*  
With all of this underway already this spring, summer is shaping up to be something to write home about!

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*Editor’s Note: For those unfamiliar with ski terms, “black diamond” refers to a universal difficulty rating that goes from green circle (easiest) to blue square to black diamond and (most difficult) double black diamond. “Glades” are areas where one skis in amongst trees and “moguls” are big bumps in the snow that cause your legs to work like shock absorbers—very tiring!*

## Residential Life Update

Everyone says that New England weather is unpredictable: "If you don't like the weather, wait for five minutes!" Spring was late arriving this year, but it certainly made a big entrance! The weather has been in the 80s and we have been enjoying some wonderful sunny, summer-like conditions.

Since the last newsletter, we have had a major focus on cleanliness in the dorms on several levels. We changed the dorm scoring method and increased staffing during Dorm Deep Clean. Now on Wednesdays, every member of the ASR community (including Residential Life staff, Therapists, Teachers, and Administration) is in the dorms helping students to clean, organize, and reduce clutter.

April 4 was designated "Clutter's Last Stand" Day. We had an extra-



long deep clean period with boxes, tape, and markers available for students' use in collecting

unnecessary items, including excess winter clothes, to send home. Some of our resident seamstresses made lovely curtains for the girls' dorms. This focus on cleanliness and tidiness has been a wonderful improvement to life at ASR, and the kids deserve a lot of credit for many hours of work. To celebrate these achievements, Sage worked with us to provide a special pizza party early in May with lots of inventive pizza toppings for dinner. A contest was also held and students in the rooms with the highest scores were taken on a special outing to Pitch n' Putt and lunch off campus.

Some recent activities that have been particularly popular are sewing, skateboarding, basketball, and tennis. Last week we had the first of many bonfires to be held over the summer (a staff and student favorite!). We have had some wonderful trips off campus such as a dance concert at Smith College, Mass Moca (art museum), Basketball Hall of Fame, local church events, 3-on-3 basketball tournaments, and of course the wonderful *Adventure ASR* kayaking and rock-climbing trips.

This spring we also had special events for Easter and Passover. Rev. Liza Neal, from Cummington

Congregational Church, came to campus to hold an Easter Service. Also, Sage Dining did a special dinner for Easter Sunday, and the entire school was invited to participate in an Easter egg hunt. For Passover, a group of students worked together with Sage and Residential Staff to have a Seder on campus.

We were sad to say goodbye to our dear friend, Judd Tomaselli. Judd had worked at ASR for nearly 2 years, most recently

as Residential Supervisor for the Mustangs. He left ASR to be closer to family and for a great career opportunity. A month later we were treated to Judd's return with his acoustic singing group, "Fire Drill" plus an opening act of a high school acoustic group. They brought the house down! Watch for Judd's group to be appearing on TV's "America's Got Talent." We will be cheering him on from Western MA!

Once again, spring clubs were many and varied. Mark Piaget (Buffalo/Residential Mentor) and Justin Staller led a silk screening club. Josh Wolk (Mustang/Teacher) ran an Aikido club and

Anne Colacarro

Alex Bartlett (former Eagles Residential Supervisor) led a yoga club. A Universal Spirituality and Meditation club was run by Kirsten Drummond (Cougar/Residential Mentor) and Kevin Coleman (Mustang/Residential Mentor), and a guitar club was led by Eagle



Judd Tomaselli (far right) and "Fire Drill"

mentor, Robert Demerjian. "Sew It Up" was a new club, led by Kami Trushaw (Buffalo/Residential Mentor) and Traci Gould (Wolf/Residential Mentor). Abby Ingram (Buffalo/Lead Mentor) and Nadina Hartnett (Eagle/Residential Mentor) ran a Current Events club (also a new club). Last but not least, Jen Goselin (Mustang/Residential Mentor) and Mike Kilfeather (Cougar/Lead Mentor) ran a Musical Theater Film Club.

So what's coming up for summer? A graduation with a new format and an Alternative Curriculum Week with lots of fun planned, including musi-

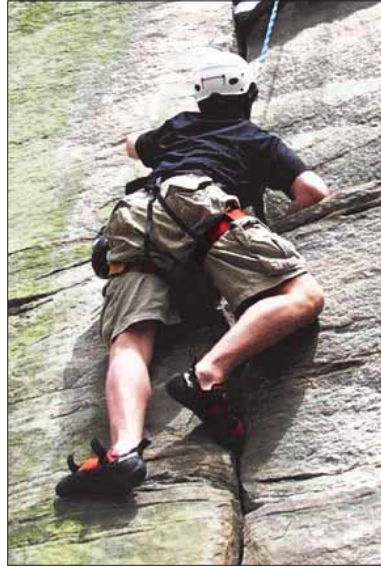
(Continued on page 5)

## Adventure ASR

With the leaves on the trees, flowers blooming and bees buzzing, it's hard to fathom that it was only eight weeks ago that we were skiing on two feet of fresh powder—but it's true! Since the last newsletter, we have capped off the ski season with a stellar weekend trip to Okemo Mountain, soaked up the sun while rock climbing outdoors, and are now half-way through spring white-water kayaking program.

While we all know that New England weather can be capricious, it would have been laughable to predict two feet of fresh snow on the slopes for a March 17 and 18 ski trip; but that is just what happened and we were there to bask in the glory of it. While the drive up to Okemo Mountain in Vermont was somewhat longer than what it might have been – OK, it was epic – we made it safely and settled into our cozy, sideside condos to rest up for the next day. Outside our windows the next morning we saw a winter wonderland of puffy powder, a paradise of soft snow waiting for us.

Max, Andy, Whitney, Simon and Chris ripped up black diamonds and glades. Mario, Erin, Emily and Claire got a workout learning how to ride moguls; and Mike,



Dalton, Jay and Adrian explored the extensive terrain Okemo has to offer. Abby, Mark and Bill split up the supervision duties. We got an earlier start on Sunday and at least one group got in six runs by 10:30! Conditions on Sunday were every bit as good—even better in some places as it continued to snow throughout the day.

We had a great time off the slopes as well, enjoying the family style living. Dalton, Mike and Mario cooked dinner on Saturday. Others made good use of the welcome packages and whipped up pancakes to go with the real Vermont maple syrup. Tired legs got rested on comfy couches as we watched movies. Sunday afternoon, we stayed until they closed the lifts and then drove back, topping off the trip with a dinner stop at good ole McDonalds. Everyone came back with big smiles, tired

legs, and lots of stories about this great finale to the ski season!

Outdoor rock climbing got off to a promising start only a couple of weeks later with a trip to Rose Ledges where, amazingly, we climbed in T-shirts! Following that, we traveled to the Rhode Island Rock Gym and met up with an alum who started climbing at ASR and has kept it up. We also pitched in with the local climbing community at the annual workday at Chapel Ledges where we carried wood chips for trails and built water bars to reduce erosion. We have a core group of dedicated climbers who are getting stronger every day and many more who are interested in trying something new. Saturday is climbing day and students get up and eat breakfast early, pack up lunch and gear, and head out for the day. Rose Ledges continues to be our most popular destination because it offers so much climbing and such variety of difficulty.

Tom B, Adrian, Andre, April, Kate R and Max are this spring's white-water kayak students. They will be getting instruction and im-



proving their skills every Wednesday for six weeks. We got off to a chilly start on a cool and rainy day when everyone had to swim in the nearly frozen water, but no one complained much and we all kept warm and had fun playing “good and evil” and “sharks and minnows.” Frank Bartolomeo joined us on the second day to try it out, and we learned a few new skills and then made our way down a short stretch of river. Day three was just perfect with 80-degree air temps and sunny skies to balance the cold water. The learning curve is at a steep pitch still with students learning the reason for boat lean and picking up new skills for controlling their course in the river. We practiced eddy turns, peel outs and ferries at the put-in below the Gap and then made our way down Slamdance Rapid. With three Wednesday afternoons left, this group is headed for some great whitewater excitement.

(Continued on page 5)



*In the Spotlight. . .*

## *Naadia Bacchus*

We are pleased to welcome back to the ASR staff **Naadia Bacchus** as Substance Abuse Consultant/Clinical Counselor. Many of you will remember Naadia, who was a counselor with us during the early years of ASR.

Naadia was born and raised in Sarnia, Ontario, Canada, and after leaving ASR in 2000, she returned home for a few months' sabbatical. Before long, however, she began to miss Western Massachusetts. In her second year of earning her masters in counseling psychology at Antioch New England Graduate School in New Hampshire, she had moved to Northampton and liked the area so much that she settled in to stay.

Naadia has always been interested in social advocacy, promoting social change, and teaching adolescents to make healthy changes for themselves, and she brings a wealth of both academic work and experience in these areas to her position at ASR. For her master's thesis she conducted research on cannabis use and its relation to anxiety disorders, which proved to be a valuable asset as

she embarked on her career path. Programs working with adolescents needed people skilled in substance abuse counseling, and Naadia began to gain a great deal of valuable experience.

Prior to her employment at ASR in 1999 – 2000, Naadia had worked with the YWCA in Northampton where she conducted individual and group counseling and constructed curriculum for a "Violence Prevention in Dating Relationships" support group. She had also interned at the Insights program in Springfield, MA, conducting alcohol and drug use assessments and formulating treatment plans as well as coordinating appropriate community referrals. Experience with the Robert F. Kennedy Children's Action Corps, also in Springfield, provided additional individual and group therapy experience with adolescent males, whose many treatment issues included substance abuse and anger management.

When she returned to Western Mass following her sabbatical in Canada, Naadia joined Mount Tom Mental Health Center in Holyoke as an outpatient clinician with

the substance abuse team and the child and family team. There she facilitated substance abuse programs and used individual, family and group treatment modalities to provide therapeutic intervention services for adolescents and adults.

In addition to her work at Mt. Tom, Naadia joined the First Choice program where she directed and facilitated a substance abuse recovery program in conjunction with the Chicopee District Court.

Naadia was the fourth of her parents' five children and the only girl. Needless to say, with four brothers (three of them older), she learned early on to take care of herself! She grew up with an interesting mix of cultures and traditions: one of her parents is from Trinidad and one is from Guyana, and Naadia attended a



Catholic undergraduate institution, Brescia College, one of three colleges in the University of Western Ontario, where she earned a BA in psychology and a second BA in sociology.

Always a well-rounded student, Naadia participated in sports and enjoyed volunteering for the humane society during high school years. Animals have always occupied an important place in her heart, and she developed a special love for horses at home where her dad bred and raised Egyptian-Arabian horses.

Naadia was on a standard college prep track in high school when, in her senior year, she took a course in World Religions that made a deep impact on her life. Given the diversity of her family, her interest in learning even more about the spiritual traditions of various

*(Continued on page 9)*



## Alumni News

**G**reetings from the ASR Alumni Department!!!

This month has been a busy one not only for our distinguished Alumni but because we've been gearing up to welcome in the largest graduating class in ASR history. On May 25, we said our good byes on campus and hellos in the Alumni Department to 25 very deserving students and their families. To help ease their transition, we offered another Transitional Seminar to the graduating families with the help of some returning assistants. We would like to thank

Laurel J and her parents, who flew up for the day and then boarded a plane early the next morning to get Laurel back home for a dance performance she had scheduled; and Liz M, Dave S, and Peter S for taking time out of their busy schedules to help give our graduating families and students a clear picture of what life away from ASR is like. It was good to hear about many of the exciting opportunities that these alumni students have been able to capitalize on post-ASR. As an added bonus many of our alumni stayed for graduation to share in this happy occasion.

As the school year winds down (or in many cases has already ended), we would like to extend our congratulations to all past ASR students who have completed either college or high school this year. We have heard from one excited family as their son **Evans L** will be walking across the stage at his school June 2 to end one chapter of his life and gear up for the next. Evans will be off to college, his *first choice* college no less, this September.

Finally, alumni summer trends are taking many of our past students over

the big pond to Europe for vacation breaks. One of them, John L, has been accepted into a summer program where he will study French in Paris for six weeks.

Have a happy and safe summer! Please contact us with news of your summer adventures, accomplishments, and future plans at: [alumni@swiftriver.com](mailto:alumni@swiftriver.com). Alums and/or their parents may also contact Anne Strader at [annestrade@sbcglobal.net](mailto:annestrade@sbcglobal.net) with their news.

—P.J. Kilfeather  
Transitional Care  
Coordinator

## Student Newspaper Debuts

**A** project of Michelle Towles's journalism class, *The Swift Herald* has filled a real need in the campus community. Features such as interviews with grads, new students, and staff provide space for all to have a stronger voice on campus. Additionally, the paper provides a new outlet for students' creativity and journalism skills.

The first edition of the school newspaper, published under the title *The River*, featured such diverse items as news and student opinions on the Iraq war, a list of staff and

student birthdays, and a page or two of fun activities.

In the current, expanded edition, *The Swift Herald* offers in-depth student opinions on a variety of school topics, including the changes in graduation ceremonies, the level system, and school food. "The World Today" section addresses such topics as recent world news and the '08 presidential election, and the "Arts and Leisure" section includes a look at music's effect on the brain, inspirational quotes, and the college application process.

We congratulate Michelle and her talented students and encourage

them to continue this valuable project.

—Anne Strader, Editor

### In the Spotlight...

(Continued from page 8)

cultures seems almost inevitable. Spiritual growth and development remains a strong interest, and Naadia obtains great satisfaction in helping her clients find their own spiritual paths.

Naadia currently lives in Florence, near Northampton, with two dogs: Freddy, a poodle, and Dexter, a mixed breed,

older dog that belonged to her dad until his recent death. The two get along well, fortunately. She has lived in the Northampton area for eleven years, and we're very glad she decided to make this area her home.

It is a special pleasure to welcome Naadia back "home" to ASR!

—Anne Strader, Editor

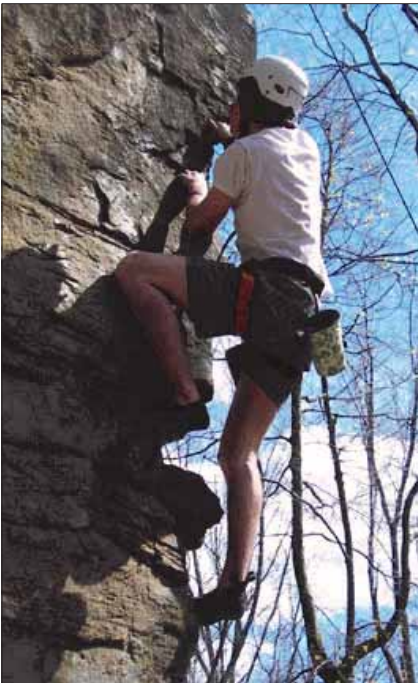


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Please contact Anne Strader, Editor,  
at [annestradsbcglobal.net](mailto:annestradsbcglobal.net)  
with any suggestions or information  
you would like to see in the next  
newsletter.

## *In the Good Ol' Summertime...*



*Scaling the Heights*

Some students find the challenge of rock climbing an exciting, exhilarating, summer experience, while others prefer the water. This *looks* like a relaxing float down a calm, peaceful river, right? Well, appearances can be deceiving!



*The Lazy River*

See the *Adventure ASR* story on page 8 for additional photos and the *rest* of the story!